



500 Summer St NE E86 Salem, OR, 97301 Voice: 800-527-5772 Fax: 503-378-8467

TTY: 711

www.oregon.gov/OHA

**Date:** July 22, 2024

To: Mental Health Adult Foster Home Licensees

Mental Health Residential Treatment Providers

Community Mental Health Programs

From: Connie Rush, Mental Health Licensing & Certification Manager

Subject: On-demand Training Videos on ADL (Activities of Daily Living) Care

The Behavioral Health Division has developed new training related to activities of daily living. This free virtual, on-demand training series is now available.

## Why is this happening?

Activities of daily living (ADLs) are daily basic self-care activities necessary for a person's health and quality of life. Staff in licensed mental health facilities are expected to assist those individuals residing in the home or facility requiring assistance with any ADL. Training in ADLs ensure care and services are provided properly and safely.

## What should you do?

Sign Up Today – Scan the QR code or visit <a href="https://learning.comagine.org/">https://learning.comagine.org/</a>.



Click on the Activities of Daily Living Training course, if you are new to the site, select "Create new account", and verify your account after you receive an authentication email.

## **Questions?**

The training module content was developed by Comagine Health. The training series is funded and delivered by the Oregon Health Authority. For more information, contact Nirmala Dhar at <a href="mailto:nirmala.dhar@oha.oregon.gov">nirmala.dhar@oha.oregon.gov</a>.

Thank you for your continued support of Oregon's behavioral health system and the services you provide.